

CFOA 2022 MECHANICS TEST – MEMBER VERSION

References from Mechanics Book 2022-2024

1. Flank officials: if the motion man starts on your side of the snapper, you will have primary responsibility for the player until the snap. The opposite flank should assist if an obvious foul occurs. (Section 13: IV. b. page 34)
 - a. True
 - b. False
2. When an official inadvertently blows his whistle, causing the ball to become dead, the covering official must drop his bean bag at the spot of the ball when the whistle was blown. (Section 8: VI a. page 17)
 - a. True
 - b. False
3. Regardless of the number of officials, for varsity contests, officials should arrive at least _____ before scheduled game time. (Section 3: ALL OFFICIALS page 7)
 - a. 30 minutes
 - b. 60 minutes
 - c. 90 minutes
4. When the Umpire marks off enforcement of a penalty the Head Linesman should: (Section 22: VII. a. page 51)
 - a. Check visually with umpire; if enforcement is correct, direct Chain Crew to move down indicator and direct moving of chains if appropriate.
 - b. Hold the enforcement spot until penalty is completed.
5. When either team is in possession of the ball in advance of the line to gain, the covering official indicates time out. (Section 20: X b. page 47)
 - a. True
 - b. False
6. When the flanks read pass, they are to: (Section 15: III. a. page 37)
 - a. Remain on the line of scrimmage until the pass crosses the neutral zone
 - b. Move downfield 7-10 yards, approximately halfway between that zone and the deepest receiver on their respective sides.
7. When the offense is in a trip's formation, the Back Judge's keys are: (Section 12: V. a. page 30)
 - a. All 3 receivers
 - b. The 2 widest receivers
 - c. The 2 inside receivers
8. In 4-person mechanics, on a scrimmage kick, the Line Judge is positioned 3 to 5 yards behind the deepest receiver and wide enough to observe the receivers hands. (Section 28: Scrimmage Kick, IV. page 68)
 - a. True
 - b. False
9. In 4-person mechanics, when the ball is snapped inside the 5 yard line the wings must move immediately to the goal line and about 2 yards outside the pylon and then read a tackle for run/pass. (Section 28: II. A. page 67)
 - a. True
 - b. False

10. During a time out, each flank official moves to a position halfway between the ball and his respective sideline and observes his team on the sideline. (Section 20: VI. a. page 46)
- a. True
 - b. False
11. As the 40/25-second count is winding down, the Back Judge should: (Section 7: III. a. page 14)
- a. Raise his arm with 10 seconds left
 - b. Raise his arm with 5 seconds left
 - c. Raise his arm with 5 seconds left then motion the remaining time with a parallel motion
12. Regardless of the number of officials, prior to the start of the game, the head coach shall be responsible for verifying to the Referee, in the presence of another official, all the players on the team are legally equipped and in compliance with the rules. (Section 4: II. a. page 8)
- a. True
 - b. False
13. When the flanks read pass, they are to: (Section 15: III. a. page 37)
- a. Remain on the line of scrimmage until the pass crosses the neutral zone
 - b. Move downfield 7-10 yards, approximately halfway between that zone and the deepest receiver on their respective sides.
14. In 5-person mechanics, the Back Judge will conduct the pre-game conference in the absence of the Referee. (Section 3: I a. page 7)
- a. True
 - b. False
15. In 5-person mechanics, on a field-goal attempt from any distance, the flank official who is facing the Referee has responsibility for the entire line of scrimmage, and the other flank official is with the Back Judge to rule on the success of the kick. (Section 19: III. a. IV a. V. a. page 44)
- a. True
 - b. False
16. "Cross-field mechanics" refers to a mechanic in which a wing official looks across the field to the opposite wing official for forward progress or mirrors the opposite wing official's progress. (Section 14: III. a. page 36)
- a. True
 - b. False
17. In 5-person mechanics, on a scrimmage kick, the Head Linesman releases from the line of scrimmage after the ball has crossed the neutral zone and then moves slowly downfield covering his side between the neutral zone and the deep receivers. (Section 18: V. b. page 42)
- a. True
 - b. False
18. If there is potential for defensive holding but the action occurs clearly away from the point of attack and has (or could have no) effect on the play, defensive holding should still be called. (Section 27: XI c. page 59)
- a. True
 - b. False

19. In 5-person mechanics, on a kickoff: The Referee is positioned on R's goal line on the Head Linesman's sideline just outside the hash marks. (Section 11: I. a. page 24)

- a. True
- b. False

20. In 4-person mechanics, the Referee checks the 40/25-second count and provides a visible count the last 5 seconds of the 40/25-second play clock. (Section 28: Notable differences 1. page 61)

- a. True
- b. False