

# CFOA 2022 STUDY GUIDE

## MEMBER VERSION

### KEYS

Team A or Team B is designated as **A or B**

Team A or Team B's 45 yard-lines, example: **A-45 or B-45**

Player A or B's number is 40, example: **A40 or B40**

Second down and 6 yards to go for A at the B 23 yard-line, example: **A, 2/6, B-23**

The Kicking or Receiving teams are designated as **K or R**

Team K or Team R's 45 yard-lines, example: **K-45 or R-45**

Player K or R's number is 65, example: **K65 or R65**

Fourth down and 12 yards to go for K at the R 45 yard-line, example: **K, 4/12, R-45**

<b>BBW</b>	block or blocking below the waist	<b>LOS</b>	line of scrimmage
<b>BIB</b>	block in the back	<b>NZ</b>	neutral zone
<b>BSB</b>	blind side block	<b>OB / IB</b>	out of bounds/ in bounds
<b>DNA</b>	does not apply	<b>OPI / DPI</b>	offensive / defensive pass interference
<b>ENZ</b>	expanded neutral zone	<b>PF</b>	personal foul
<b>ES</b>	enforcement spot	<b>PSK</b>	post-scrimmage kick
<b>EXC</b>	exception	<b>QB</b>	quarterback
<b>EZ</b>	end zone	<b>REF, U, HL, etc</b>	standard designations
<b>FBZ</b>	free blocking zone	<b>SKF</b>	scrimmage kick formation
<b>HC</b>	head coach	<b>SS</b>	succeeding spot
<b>KCI</b>	kick catch interference	<b>UC</b>	unsportsmanlike conduct

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1. A, 2/10, B-37. A12's legal forward pass is intercepted by B45 at the B-3, and his momentum takes him into his EZ, where he takes a knee. (8-5-2a EXC)
    - a. Safety for A
    - b. Touchback
    - c. Momentum applies; B will likely choose B, 1/10, B-3
  2. A, 3/17, A-10. To avoid an official, B57 goes out of bounds at the A-15. B57 returns in bounds at the A-20 and tackles the runner at the A-23. (9-6-2, Penalty; 9.6.1A)
    - a. Legal play
    - b. Illegal participation; 15 yds; ES A-15
    - c. Illegal participation; 15 yds; ES A-20
    - d. Illegal participation; 15 yds; ES A-23
  3. Offensive lineman A66 contacts defensive player B53 at the line of scrimmage and, with continuous contact, A66 drives B53 back 5 yards beyond the line of scrimmage at the left hash, when QB A11 throws a legal forward pass to eligible receiver A32 beyond the line of scrimmage near the right sideline. (7-5-12; 7-5-10; 7-5-11b, 7-5-11c)
    - a. Legal play
    - b. Offensive pass interference
    - c. Ineligible player downfield
    - d. Both b and c
  4. K, 4/5, K-10. During K's legal scrimmage kick, K69 holds R14 at the K-15. The kick is caught by R22 at the K-40 and returned to the K-35, where R22 fumbles. R45 recovers at the K-30. To retain possession, R must decline enforcement of K69's foul. (10-5-1j; 10-4-2 EXC)
    - a. True
    - b. False

5. K, 3/7, R-30. K22's field goal attempt is blocked behind the LOS and recovered by K16 at the R-35. K16 advances into R's EZ. (6-2-3)
  - a. The ball was dead when K16 recovered it. R, 1/10, R-35
  - b. The ball was dead when K16 recovered it. K, 4/12, R-35
  - c. K touchdown
6. A, 2/goal, B-5. A3 sweeps right end. At the B-2, A3 dives and crosses the goal line airborne. He continues to hold the ball as the ball crosses the goal line extended, and he lands OB. (2-26-3; 4-3-3; 2019 S & I, p 132)
  - a. Touchdown
  - b. A, 3/goal, where the ball broke the sideline plane prior to crossing the goal line extended.
7. A, 3/9, A-8. At the A-6, QB A3 pitches the ball backwards to A18 at the A-2. At the A-4, B89 bats the pass into the end zone, where A18 recovers it. (8-5-1a; 8-5-2b; 9-7-2)
  - a. Touchback
  - b. Safety
  - c. A, 1/10, A-18
  - d. A, 3/3, A-14
  - e. A, 3/2, A-15
8. A, 2/13, A-20. Running down the sideline during a pass play, the line judge unintentionally collides with a Team A assistant coach in the restricted area. (9-4-8 Pen)
  - a. Team A is penalized 15 yards from the subsequent spot for illegal personal contact
  - b. For a second such offense by any nonplayer, the penalty is 15 yards from the SS
  - c. For a second such offense by any nonplayer, the head coach is ejected
  - d. All the above
  - e. a and b only
9. Players may not wear the number "0" as a jersey number. (1-4-3)
  - a. True
  - b. False
10. A, 2/11, B-35. A83 and B19 are side-by-side at the B-30 when B19 grabs A83. A83 is able to pull away from B19 and runs to the B-35, when QB A9 throws a legal forward pass toward A83. The pass is incomplete. (9-2-3d; 9.2.3A)
  - a. DPI. A, 1/10, B-20
  - b. Holding. A, 2/1, B-25
  - c. Holding on an eligible receiver during a legal forward pass play in which the pass crosses the neutral zone. A, 1/10, B-25
  - d. No foul. A, 3/11, B-35
11. A, 3/20, B-40. B99 rushes QB A11 and strikes him in the face just after A11 has released a pass to A81, who catches the ball at the B-30. A81 fumbles the ball at the B-24; it is recovered by A84 at the B-33. (9-4-4; 9-4 Pen)
  - a. A, 3/5, B-25
  - b. A, 1/10, B-25
  - c. A, 1/10, B-12
  - d. A, 1/10, B-18
12. K, 4/6, K-17. During a legal scrimmage kick, R56 runs into kicker K18 at the K-6. The kick is caught by R32 at the K-40 and run back to the K-25. K accepts the penalty. (10-4-3; 2-16-2h; 10-4-2 EXC; 10-4-2b)
  - a. K, 4/1, K-22
  - b. K, 4/12, K-11
  - c. R, 1/10, K-45
  - d. R, 1/10, K-30

13. A, 2/7, A-41. Team A is the home team. The down marker erroneously shows third down during the down. A23 runs to the A-45, where he is downed. The down marker shows fourth down. After the ball is then snapped, A11 is tackled behind the line of scrimmage, and the ball goes over to the visiting team on downs. Prior to the visiting team snapping the ball on its first down, the home team head coach points out the down error to the REF. It is too late to correct the down, and the visiting team has possession. (5-1-1b; 5.1.1A; 5.1.1B)
- True
  - False
14. A, 1/goal, B-5. Eligible receiver A83 is running a pass route in the end zone. After A83 has gone past B90, B90 pushes A83 to the ground. As A83 goes to the ground, A12 throws a legal forward pass from the B-14 into the area A83 was running to. Then, at the LOS, B55 tips the pass, and it falls incomplete in the end zone. (7-5-9c; 9-2-3d)
- Defensive pass interference by B90
  - No DPI, as the ball was tipped by B55, ending pass interference restrictions on B players
  - Illegal use of hands by B90
15. K, 4/3, K-30. K's legal scrimmage kick is touched by R62 at the K-35 and rebounds into K's backfield. K47 recovers the kick at the K-27 and advances to the K-32. (6-2-3; 5-1-3f)
- R, 1/10, K-32
  - R, 1/10, K-27
  - R, 1/10, K-35; first touching
  - K, 1/10, K-32
16. K, 4/10, K-5. K had 5 players in the backfield at the snap. K's punt is caught at the K-50 by R83 and run back to the K-20. During the runback, R77 illegally holds K62 at the K-30. (10-2-1c; 10-2-2)
- If R accepts the penalty for K's foul, it's a double foul; replay the down
  - R can retain possession if R declines the penalty for K's foul. ES for R's penalty is the K-50
  - R can retain possession if R declines the penalty for K's foul. ES for R's penalty is the K-30
  - a and b
  - a and c
17. A, 3/3, A-14. From the A-7, A12 throws a legal forward pass which is caught by A89 at the A-16 and is immediately tackled. As A12 was throwing the ball, B47 grabs and immediately releases A12's facemask. (9-4-4; 9-4-3; 2-32-11)
- Five-yard facemask; A, 1/10, A-21
  - Five-yard facemask; A, 1/10, A-19
  - Roughing the passer; A, 1/10, A-31
  - Roughing the passer; A, 1/10, A-29
18. A, 4/15, A-10. The score is A 27, B 26, with 24 seconds remaining in the fourth quarter; the clock is running. The back judge raises his hand and offensive lineman A67 false-starts with 20 seconds remaining. After the penalty is imposed, the REF marks the ball ready for play and starts the clock. Time in the fourth quarter runs out before the offense puts the ball in play. (3-4-7)
- The game is over
  - The REF should have asked the B coach if he wanted the game clock to start on the snap. If the B coach chooses to start the game clock on the snap, it is A, 4/20, A-5, 20 seconds remaining; the game clock starts on the snap.
19. During the pregame conference, the home team head coach verified all his players were legally equipped. During a play in the first quarter, an official sees home team player 83 is not wearing any knee pads. (1-5-1d-(2); 1-5-5)
- UC foul on the home team head coach for allowing a player to participate without wearing required equipment
  - UC foul on home team player 83 for not wearing required equipment
  - No foul. Player 83 must be replaced for at least one down, unless halftime or an overtime intermission occurs
  - Both a and b

20. Between downs, an official sees player A9 is not wearing hip pads. (1-5-1d (1); 1-5-3; 9-9; 9-8-1h)
- The official calls an official's timeout, and the offending player is required to leave the game for at least one down and cannot return until he is legally equipped
  - 15-yard unsportsmanlike foul charged to the A HC if during the pre-game conference, the HC has verified all his players are legally equipped. The player must leave the field until he is legally equipped
  - 5-yard non-contact foul charged to the player
21. During the pregame conference, the home team head coach verified all his players were legally equipped. During a play in the first quarter, an official sees home team player 83 is wearing a blue towel with two manufacturer's logos; while other home team players are wearing white towels. (1-5-3a-5(a); 9-8-1h)
- UC foul on the home team head coach for allowing a player to use illegal equipment
  - UC foul on home team player 83 for wearing illegal equipment
  - No foul. Player 83 must be replaced for at least one down, unless halftime or an overtime intermission occurs
  - Both a and b
22. Kickoff. The kicked ball is rolling on the ground and going to die inbounds. An R player, who had inadvertently stepped out of bounds and remained there, reaches in and possesses the ball. (6-1-9; 6-1-9 Pen; 6.1.9C)
- R can request a re-kick after enforcement of a 5-yard penalty from the previous spot
  - R can accept a 5-yard penalty from the SS
  - R can put the ball in play at the inbounds spot 25 yards beyond the previous spot
  - R can decline the penalty and put the ball in play at the inbounds spot
  - All the above
  - None of the above
23. B12 enters the field to substitute for B15. B15 attempts to leave the field but hasn't gotten across his sideline when A snaps the ball, and the LJ throws a flag. The play results in a TD for A. After the LJ reports the foul to the R, the R immediately signals the penalty is declined and then signals a TD. (8-2-2)
- Correct
  - Incorrect
24. A, 2/8, A-30. At the A-20, QB A-6 throws a screen pass to A12. At the A-28, A12 muffs the ball, and the pass travels to the A-35, where A65 catches it and is downed immediately. (7-5-12; 7-5-13)
- Legal play
  - Ineligible offensive player down field
  - Illegal touching
  - b and c
25. A, 4/35, A-12. Team A is properly lined up for a punt. A56's bad snap goes into A's end zone, where A14 bats the ball backward over the end line. Time for the first quarter expires during the play. Safety by result and by penalty. (3-3-4b5; 8-5-1a; 8-5-2b; 8-5-2c; 9-7-2; 10.5.4; 10.5.3C; 10.5.4B)
- The safety causes the quarter to be extended, and A will kick off from its old A-20
  - The safety does not cause the quarter to be extended. The teams switch sides; A will kick off from its new A-20
  - If B accepts A's penalty for the batting foul, the penalty against A is imposed on the free kick.
26. A, 3/24, A-30. A83 attempts to catch a legal forward pass at the A-37. The pass is too high and has flown over his head. B92 uses his shoulder to forcibly contact airborne A83 in his back. (2-32-16; 9-4-3g)
- Legal play
  - Personal foul
27. K36's free kick is muffed by R11 at the R-15 and rolls to the R-10, where R11 panics and kicks the ball through his end zone and beyond the end line. If K accepts the penalty, the ES is the (2-13-2; 8-5-1; 8-5-2b; 10-3-1; 8.5.3B)
- Previous spot
  - Spot of the foul
  - R-20

28. During an attempted pass play, QB A2 is tackled behind the line of scrimmage. During the play, eligible receiver A86 is held beyond the line of scrimmage by B85. The ES is the (10-3-2; 10-4-4)
- Dead ball spot
  - Previous spot
  - Spot of the foul
29. A, 3/3, A-24. A6 completes a legal forward pass to A88 at the A-39 near the A sideline, where A88 is immediately downed. During the pass, B45 grabs and restricts A15 at the A-27 near the B sideline. (7-5-11c)
- Legal play
  - DPI foul by B45
  - Holding foul by B45
30. K, Try, B-3. With no time left on the clock in the fourth quarter, K6's kick try is good for 1 point, tying the game. R63 is called for roughing the kicker. (10-5-1d, 8-3-5)
- K, Try, R-1&1/2
  - K retains the 1 point, penalize R to start the overtime period
  - a or b
  - None of the above
31. A, 3/7, A-33. QB A9 drops back to pass. Guard A67 advances to the A-35 without contacting a team B lineman. A9 passes complete to A89 at the A-41. (7-5-12; 7.5.12A)
- A67 foul, ineligible player downfield
  - Legal play
32. K, 4/14, K-30. K18 attempts to punt from the K-22, but the punt is blocked at the K-24. The ball falls to the ground, and K53 kicks the ball while it is rolling on the ground at the K-20. The ball travels to the 50-yard line, where R33 recovers it and is tackled immediately. If R accepts the penalty, it is (2-24-8; 6-2-1; 9-7-1; 10-4-2, EXC)
- K, 4/34, K-10
  - R, 1/10, K-10
  - K, 4/24, K-20
  - R, 1/10, K-40
  - a or d
33. Team A fouls. The B captain is the only player permitted to make a decision regarding whether to decline the penalty. (1-4-1; 1-4-4; 2-32-5; 3-5-2; 10-1-1; 10-1-2; 10-2-4)
- True
  - False
34. Legal blocking below the waist requires the block to begin immediately after the snap. (2-17-2c; 2-17-4)
- True
  - False
35. K, 4/12, K-20. With 8 seconds left in the first quarter and the clock running, Team K is facing a strong wind and K58 commits a false start foul. The REF deems Team K tried to consume time by fouling so the period would end before Team K had to kick into the wind. After administering the penalty, the game clock starts on the (3-4-6)
- ready for play
  - snap
36. Legal blocking in the back requires the block to begin immediately after the snap. (2-17-3)
- True
  - False

37. K, 4/6, R-40. K82 makes a legal scrimmage kick which is caught by R19 at the R-6 and run back to the R-36. During the kick, R75 held K42 at the R-20. (2-16-2h; 10-4-3)

- a. K, 1/10, R-30
- b. R, 1/10, R-3
- c. R, 1/10, R-10
- d. R, 1/10, R-26

38. A, try, B-3. Team A is in a swinging gate formation. Of the 7 team A players on the los, 4 players are numbered 50-79. Team A then shifts into a scrimmage kick formation, and the ball is snapped. (2-14-2; 7-2-5b EXC)

- a. Legal play
- b. Illegal formation

39. While running downfield on his pass route, A87 steps out of bounds to avoid a defender. A87 runs 5 yards out of bounds, returns inbounds and continues downfield. A87 then catches a legal forward pass and is downed after running 10 yards with the ball. (9-6-1; 9-6-2; 9.6.1A, Comment)

- a. Illegal participation; 15-yard penalty; ES is the previous spot
- b. Illegal participation; 15-yard penalty; ES is spot A87 went out of bounds
- c. Illegal participation; 15-yard penalty; ES is spot A87 returned inbounds
- d. Illegal participation; 15-yard penalty; ES is end of the run

40. A, 4/goal, B11. A33 is in the air in the end zone when he possesses a legal forward pass. He is contacted by a defender and pushed into the field of play. A33 completes the catch when he lands on his feet at the B3, and he runs to the B1, where he is tackled. (2-34-1; 2-4-1; 2-15-2; 2.15.2)

- a. B, 1/10, B1
- b. A touchdown
- c. B, 1/10, B3

41. A, 3/goal, B-6. A34 is running with the ball toward B's goal line. At the B-4, B46 punches the ball from A34's grasp, and the ball flies forward into B's EZ, where B recovers it. (9-7-4; 8-5-1; 8-5-3c; 2-18)

- a. Illegal batting; if A accepts the penalty, A, 3/goal, B-2.
- b. Team A safety
- c. Touchback; B, 1/10, B-20

42. Hurdling is an attempt by a player to jump with one or both feet or knees foremost over an opponent who is contacting the ground with no part of his body except one or both feet. Contact is required to constitute hurdling. (2-22; 9-4-3d)

- a. True
- b. False

43. K, 4/8, K 9. 4th Q, 0:14 remaining, clock stopped as R uses final timeout. K leads 20-16. K is in a scrimmage kick formation. Punter K22 receives the snap in his end zone. K22 runs around in his EZ while lineman K holds R67 at the K-8. After time expires, K22 steps out of the back of the end zone. (3-3-4b-5; 10-3; 10-5-4; 10.5.4B)

- a. The game is over
- b. The holding penalty is enforced, and the period is extended for one untimed down
- c. The ES is the spot of the foul, the K-8
- d. Both b and c

44. K, 4/6, R-45. K's legal scrimmage kick is rolling untouched at the R-4. K87 is about to recover the kick when R3 kicks the ball to stop K87 from recovering the ball. The ball goes into R's EZ, where it is recovered by R3. K accepts the penalty for R's foul. (9-7-1; 2-16-2h; 10-4-3; 9.7.4B; 10.4.3C)

- a. Team K safety
- b. Touchback; R, 1/10, R-20
- c. R, 1/10, R-2
- d. R, 1/10, R-4

45. A, try, B-3. A attempts a two-point try. QB A7's pass is intercepted at the B-5 and run back for what would be a touchdown. (8-3-3; 4-2-2i)
- One point for B
  - Two points for B
  - The ball is dead when it is intercepted, and B scores no points
46. The following is illegal equipment. (1-5-3a-5a; 1-5-3c-3; 1-5-3c-4)
- Eye shade (grease or no-glare strips or stickers) that is not a solid stroke or includes words, numbers, logos or other symbols
  - A solid-colored towel that has 2 visible manufacturer's logos or trademarks
  - Different-colored towels worn by players of the same team
  - Slightly tinted eye shield attached to the helmet
  - All the above
47. A, 4/9, A-30. During a run by A23 to the A-37, B75 commits an incidental face mask foul at the A-35. After the play ends, the Team A HC swears at the LJ. (10-4-5; 10.4.5B)
- Double foul, replay the down; A, 4/9, A-30
  - Fouls offset; B, 1/10, A-37
  - Both penalties are administered; A, 1/10, A-27
  - Both penalties are administered; B, 1/10, A-27
48. A, 4/1, A-40. During a run by A23 to the A-44, B75 commits an incidental face mask foul at the A-42. During the run, the Team A HC swears at the LJ. (10-4-5; 10.4.5B)
- Double foul, replay the down; A, 4/1, A-40
  - Fouls offset; B, 1/10, A-44
  - Both penalties are administered; A, 1/10, A-34
  - Both penalties are administered; B, 1/10, A-34
49. A, 4/1, A-34. The QB sneaks for no gain to the A-34. During the run, the Team B HC swears at the LJ. (10-4-5; 10.4.5B)
- Enforcement of the B penalty puts the ball beyond the line-to-gain; A, 1/10, A-49
  - Prior to penalty enforcement, the ball is dead behind the line-to-gain; B, 1/10, A-49
50. A, 4/1, A-34. The QB sneaks to the A-36. During the run, the Team A HC swears at the LJ. (10-4-5; 10.4.5B)
- Enforcement of the A penalty puts the ball behind the line-to-gain; B, 1/10, A-21
  - Prior to penalty enforcement, the ball is dead beyond the line-to-gain; A, 1/10, A-21
51. A, 3/6, B-30. A23 runs to the B-8. During the run, the Team B HC swears at the LJ. The REF determines the appropriate penalty enforcement. As the REF is giving his signals and the U is marking off the enforcement, A33 taunts B27. (10.2.5a; NFHS Football Game Officials Manual, p. 54 ff)
- The penalties are administered in the order of occurrence; A, 1/10, B-19
  - The fouls offset; A, 1/goal, B-8
52. A, 4/6, A-30. QB A4, under pressure at the A-20, throws the ball forward, where it is caught by A55 at the A-37, where he is downed. (7-5-2; 7-5-13)
- Illegal forward pass; A, 4/11, A-25
  - Illegal forward pass; B, 1/10, A-25
  - Illegal touching; A, 4/11, A-25
  - Illegal touching; B, 1/10, A-25
  - Illegal touching; B, 1/10, A-32

53. K, try, R-3. Holder K26, in a legal scrimmage kick formation, receives the snap with his knee on the ground. He immediately throws the ball backward and underhand to kicker K2, who throws a forward pass to A87 in the EZ, who catches it there. (4-2-2a Exp)

- a. Two points for A
- b. The try is unsuccessful

54. The "Mercy Rule" is in effect during the 4<sup>th</sup> quarter. During the following situations, the game clock will not run; and the game clock will start on the snap or when a kick is legally touched. (3-1-2; CIF State Bylaws, sec 2108)

- a. A free kick following a fair catch or awarded fair catch
- b. A charged team timeout
- c. A coach-REF conference
- d. An official's timeout
- e. All the above

55. Runner A21 is wearing a hoodie with the hood sticking out above and behind his neck. B54 pulls the hoodie from behind and pulls A21 down backwards. (1-5-3; 9-4-3k)

- a. Legal
- b. Illegal

56. A, 2/7, A-23. QB A2 drops back to the A-15 and attempts a screen pass. When the pass is thrown, A57 is blocking at the A-27. The pass is overthrown, and A19, the intended receiver, muffs the ball at the A-20. The ball continues in flight beyond the LOS and falls to the ground at the A-29. By rule, (7-5-2; 7-5-6a, b; 7-5-9b; 7-5-12; 7-5-13)

- a. Ineligible downfield; A, 2/12, A-18
- b. No foul; A, 3/7, A-23

57. A, 4/5, B-15. A23 runs to the B-5, where he is tackled by B45. A23 gets up and taunts B45. (10-1-2; 10-4-5; 5-1-2)

- a. A, 1/10, B-20
- b. B, 1/10, B-20
- c. A, 4/10, B-20

58. A, 4/15, A-25. A23 runs to the A-33 and is tackled by B45. After A23 gets up, B45 taunts A23. (10-1-2; 10-4-5; 5-1-2)

- a. B, 1/10, A-18
- b. B, 1/10, A-33
- c. A, 1/10, A-48
- d. B, 1/10, A-48

59. A, 3/23, A-18. A36 is carrying the ball at the A-25 toward B's goal when B93 grabs A36's jersey and violently pulls A36 backward. B93 maintains the hold while A36 continues running, and B93 finally falls forward to the ground at the A-29. (9-4-3k; 9.4.3.M)

- a. A, 1/10, A-40
- b. A, 4/1, A-40
- c. A, 1/10, A-44
- d. A, 4/12, A-29

60. After a foul is committed by either the offense or the defense, the play clock is set at 25 seconds. (3-6-1a1(e))

- a. True
- b. False

61. QB A13 is behind the LOS attempting a pass. Before he can release the ball, B99 grabs the inside back collar of A13's jersey and swings him around in a half-circle and throws him to the ground on his back. (9-4-3k; 9-4-3g)

- a. Horse collar tackle
- b. Legal play
- c. Personal foul
- d. Both a and c

62. A, 3/23, A-18. A36 is carrying the ball at the A-25 toward B's goal when B93 grabs A36's jersey and violently pulls A36 backward. B93 maintains the hold while A36 continues running, and B93 finally pulls A36 sideways and to the ground at the A-29. (9-4-3k; 9.4.3.M)

- a. A, 1/10, A-40
- b. A, 4/1, A-40
- c. A, 1/10, A-44
- d. A, 4/12, A-29

63. Only the R may order the ball changed between downs. (1-3-3)

- a. True
- b. False

64. QB A6 takes a direct snap and pitches the ball backward to A12. A56 then blocks B73 at the waist at the same time A64 blocks B73 at the knees. (2-3-8; 2-17; 9-3-2a)

- a. Chop block
- b. Illegal BBW
- c. Both a and b
- d. Legal play

65. A chop block is a combination block by two or more teammates against an opponent other than the runner, with or without delay, where one of the blocks is low (below the waist) and one of the blocks is high (above the waist). (2-3-8)

- a. True
- b. False

66. K, 4/5, K-10. K's punt is caught at the K-38 and run back to the K-20. K committed an illegal shift, and during the runback, R held at the K-30. (10-2-1b; 10-2-1c; 10-2-2)

- a. By rule, this is a double foul; replay the down
- b. R may retain possession by declining enforcement of K's foul; R, 1/10, K-48
- c. R may retain possession by declining enforcement of K's foul; R, 1/10, K-40

67. K, 4/5, K-10. K's punt is caught at the K-38 and run back to the K-20. K committed an illegal shift, and during the kick, R held at the K-30. (10-2-1b; 10-2-1c; 10-2-2; 10-2-3)

- a. By rule, this is a double foul; replay the down
- b. R may retain possession by declining enforcement of K's foul; R, 1/10, K-48
- c. R may retain possession by declining enforcement of K's foul; R, 1/10, K-40

68. A, 3/6, A-10. At the snap, A has 5 players in the backfield. Runner A33 fumbles at the A-22, and B54 recovers the ball at the A-24 and runs to the A-14, where he is downed. During B54's run, B67 holds at the A-20. (10-2-1b; 10-2-1c; 10-2-2)

- a. By rule, this is a double foul; replay the down
- b. B may retain possession by declining enforcement of A's foul; B, 1/10, A-24
- c. B may retain possession by declining enforcement of A's foul; B, 1/10, A-30

69. B-12 commits a foul during the last two minutes of the first half, and Team A declines the penalty enforcement. Team A has the option to start the game clock on the snap. (3-4-7)

- a. True
- b. False

70. QB A7 takes the snap and fades straight back to attempt a pass. Ten yards behind the LOS, A7 evades a tackler and runs toward the left sideline. When he is outside the lateral boundaries of the FBZ, he throws a forward pass into an area in which there is no eligible receiver. The pass lands inbounds five yards beyond the LOS. (7-5-2 EXC 2)

- a. Legal play
- b. Illegal play

71. QB A7 takes the snap and fades straight back to attempt a pass. Ten yards behind the LOS, while still inside the lateral boundaries of the FBZ, he throws a forward pass into an area in which there is no eligible receiver. The pass lands inbounds ten yards beyond the LOS. (7-5-2 EXC 2)
- Legal play
  - Illegal play
72. QB A7 takes the snap and fades straight back to attempt a pass. Ten yards behind the LOS, A7 evades a tackler and runs toward the left sideline. When he is outside the lateral boundaries of the FBZ, he throws a forward pass into an area in which there is no eligible receiver. The pass lands inbounds in the NZ. (7-5-2 EXC 2)
- Legal play
  - Illegal play
73. QB A7 takes the snap and fades straight back to attempt a pass. Ten yards behind the LOS, A7 evades a tackler and runs toward the left sideline. When he is outside the lateral boundaries of the FBZ, he throws a forward pass into an area in which there is no eligible receiver. The pass lands out of bounds ten yards beyond the LOS. (7-5-2 EXC 2)
- Legal play
  - Illegal play
74. The ball is spotted on the right hash mark. QB A7 takes the snap and fades straight back to attempt a pass. Ten yards behind the LOS, A7 evades a tackler and runs toward the left sideline. Still scrambling, at the left hash mark, he runs back to the right hash mark, where he throws a forward pass into an area in which there is no eligible receiver. The pass lands inbounds ten yards beyond the LOS. (7-5-2 EXC 2)
- Legal play
  - Illegal play
75. The ball is spotted on the right hash mark. QB A7 takes the snap, turns and pitches the ball backward to running back A14. A14 attempts a sweep around left end when he is trapped in the backfield in the lateral middle of the field and about to be tackled. A14 then throws a forward pass into an area in which there is no eligible receiver. The pass lands inbounds ten yards beyond the LOS. (7-5-2 EXC 2)
- Legal play
  - Illegal play

## **CFOA 2022 MECHANICS FOR STUDY GUIDE – MEMBER**

References from Mechanics Book 2022-2024

76. In 4-person mechanics, on a scrimmage kick, the Line Judge is positioned 3 to 5 yards behind the deepest receiver and wide enough to observe the receivers hands. (Section 28: Scrimmage Kick, IV. page 68)
- True
  - False
77. In 4-person mechanics, when the ball is snapped inside the 5 yard line the wings must move immediately to the goal line and about 2 yards outside the pylon and then read a tackle for run/pass. (Section 28: II. A. page 67)
- True
  - False
78. When the flanks read pass, they are to: (Section 15: III. a. page 37)
- Remain on the line of scrimmage until the pass crosses the neutral zone
  - Move downfield 7-10 yards, approximately halfway between that zone and the deepest receiver on their respective sides.

79. As the 40/25-second count is winding down, the Back Judge should: (Section 7: III. a. page 14)
- Raise his arm with 10 seconds left
  - Raise his arm with 5 seconds left
  - Raise his arm with 5 seconds left then motion the remaining time with a parallel motion
80. Flank officials: if the motion man starts on your side of the snapper, you will have primary responsibility for the player until the snap. The opposite flank should assist if an obvious foul occurs. (Section 13: IV. b. page 34)
- True
  - False
81. When the offense is in a trip's formation, the Back Judge's keys are: (Section 12: V. a. page 30)
- All 3 receivers
  - The 2 widest receivers
  - The 2 inside receivers
82. During a time out, each flank official moves to a position halfway between the ball and his respective sideline and observes his team on the sideline. (Section 20: VI. a. page 46)
- True
  - False
83. In 5-person mechanics, on a kickoff: The Referee is positioned on R's goal line on the Head Linesman's sideline just outside the hash marks. (Section 11: I. a. page 24)
- True
  - False
84. In 5-person mechanics, the Back Judge will conduct the pre-game conference in the absence of the Referee. (Section 3: I a. page 7)
- True
  - False
85. When an official inadvertently blows his whistle, causing the ball to become dead, the covering official must drop his bean bag at the spot of the ball when the whistle was blown. (Section 8: VI a. page 17)
- True
  - False
86. In 5-person mechanics, on a field-goal attempt from any distance, the flank official who is facing the Referee has responsibility for the entire line of scrimmage, and the other flank official is with the Back Judge to rule on the success of the kick. (Section 19: III. a. IV a. V. a. page 44)
- True
  - False
87. Regardless of the number of officials, for varsity contests, officials should arrive at least \_\_\_\_\_ before scheduled game time. (Section 3: ALL OFFICIALS page 7)
- 30 minutes
  - 60 minutes
  - 90 minutes
88. "Cross-field mechanics" refers to a mechanic in which a wing official looks across the field to the opposite wing official for forward progress or mirrors the opposite wing official's progress. (Section 14: III. a. page 36)
- True
  - False

89. In 5-person mechanics, the Back Judge will start on the end line if the snap is on or inside the 12 yard line and assumes complete coverage of the end line coverage. (Section 16: IV a. page 39)
- True
  - False
90. In 5-person mechanics, on a scrimmage kick, the Head Linesman releases from the line of scrimmage after the ball has crossed the neutral zone and then moves slowly downfield covering his side between the neutral zone and the deep receivers. (Section 18: V. b. page 42)
- True
  - False
91. When the Umpire marks off enforcement of a penalty the Head Linesman should: (Section 22: VII. a. page 51)
- Check visually with umpire; if enforcement is correct, direct Chain Crew to move down indicator and direct moving of chains if appropriate.
  - Hold the enforcement spot until penalty is completed.
92. A touchdown signal is given only by an official who actually rules on the play. Never mirror a touchdown signal if you do not see the action. (Section 16: VI. a. page 39)
- True
  - False
93. In 5-person mechanics, the Referee checks the 40/25-second count and provides a visible count the last 5 seconds of the 40/25-second play clock. (Section 7: III. a. page 14)
- True
  - False
94. In 5-person mechanics, for the coin toss, the Referee escorts to the center of the field the team whose team box is on the side opposite the chains. (Section 5: Coin Toss Procedure page 10)
- True
  - False
95. When either team is in possession of the ball in advance of the line to gain, the covering official indicates time out. (Section 20: X b. page 47)
- True
  - False
96. On a try or field goal, Referee's position is a yard or so to the rear and several yards to the side of the potential kicker, facing the back of the holder. (Section 19: I a. page 44)
- True
  - False
97. In 4-person mechanics, the Referee checks the 40/25-second count and provides a visible count the last 5 seconds of the 40/25-second play clock. (Section 28: Notable differences 1. page 61)
- True
  - False
98. If there is potential for defensive holding but the action occurs clearly away from the point of attack and has (or could have no) effect on the play, defensive holding should still be called. (Section 27: XI c. page 59)
- True
  - False

99. Regardless of the number of officials, prior to the start of the game, the head coach shall be responsible for verifying to the Referee, in the presence of another official, all the players on the team are legally equipped and in compliance with the rules. (Section 4: II. a. page 8)

- a. True
- b. False

100. In 5-person mechanics, on pass plays this official has primary responsibility for the receiver(s) inside the widest receivers (tight end or slot), but switches to zone coverage after the snap. (Section 12: Keys V. a. page 30)

- a. Head Linesman
- b. Line Judge
- c. Back Judge